



RARO Yearly Program Calendar
 300A White Street, Lexington, VA 24450
 Phone: (540) 463-9525
 Website: www.rarorec.org

REGULAR FALL PROGRAMS

Registration starts in May for Football, Cheerleading and Soccer.

League start dates are staggered. You will be contacted either by a coach or the RARO office

FOOTBALL	Ages	Season Begins	Season Ends
Flag	5 - 6	Late Aug – Early Sept	Late October
Rookie	7 - 8	Late Aug – Early Sept	Late October
Junior	9 – 10	Early – Mid Aug	Late October
Senior	11 - 12	Early – Mid Aug	Late October

**** Age Determination as of September 30 of current year****

SOCCER	Ages	Season Begins	Season Ends
Intro	5 - 6	Early – Mid September	Late October
Rookie	7 - 8	Early – Mid September	Late October
Junior	9 – 10	Late Aug – Early Sept	Late October
Senior	11 - 13	Late Aug – Early Sept	Late October

****Age Determination as of September 30 of current year****

CHEERLEADING	Ages	Season Begins	Season Ends
Intro	5 - 6	September	Late October
Rookie	7 - 8	Late Aug – Early Sept	Late October
Junior	9 – 10	Early – Mid August	Late October
Senior	11 - 13	Early – Mid August	Late October

**** Age Determination as of September 30 of current year****

REGULAR WINTER PROGRAMS

Registration starts in October for wrestling and basketball

League start dates are staggered. You will be contacted either by a coach or the RARO office

BASKETBALL	Ages	Season Begins	Season Ends
Intro	5 - 6	Early - Mid November	December – Mid January
Rookie	7 - 8	Early - Mid November	December – Mid January
Junior	9 – 10	Late Nov – Early Dec	Late February
Senior	11 - 13	Late Nov – Early Dec	Late February

****Age Determination as of September 30 of current year****

WRESTLING	Ages	Season Begins	Season Ends
All	5 - 12	Early - Mid December	Late February



REGULAR SPRING PROGRAMS

Registration begins in February for Baseball and Softball

League start dates are staggered. You will be contacted either by a coach or the RARO office

BASEBALL	Ages	Season Begins	Season Ends
Intro (TBALL)	5 - 6	April	Mid – Late May
Rookie* (machine pitch)	7 - 8	Mid March	Late May
Junior * (player pitch)	9 – 10	Mid March	Late May
Senior * (player pitch)	11 - 12	Mid March	Late May
Babe Ruth*	13-15, 16-18	Late Spring	Early Summer

Sanctioned League with Babe Ruth League, Inc

Age Determination as of April 30 of the current year

SOFTBALL	Ages	Season Begins	Season Ends
Intro (TBALL)	5 - 6	April	Mid – Late May
Rookie* (coach pitch)	7 - 8	Mid March	Late May
Junior * (player/machine)	9 – 10	Mid March	Late May
Senior * (player pitch)	11 - 12	Mid March	Late May

Age Determination as of April 30 of the current year

OTHER PROGRAMS

LEAGUE	Ages	Session 1	Session 2
River Runners	6-12	Mid Fall	Mid Spring
Intro to Pickleball	18+	Mid Spring	X
Open Court Pickleball	18+	Late Spring	Late Fall
Adult Co-ed Softball	18+	Mid Spring	Mid Fall
Instructional Volleyball	8-13	Late Spring / Early Summer	
Volleyball	14+	Late Spring / Early Summer	
Tennis	6-17	Early Summer	

We advertise our sign-ups within the school systems, social media, local media (newspaper, radio), and Rockbridge alert. Emails are sent out to those in our directory. More information about each of the above programs and more is located on our website at www.rarorec.org. Scores and standings for programs the maintain this information is also posted on the website. For quick and easy notification of RARO activities, sign up for Rockbridge Alerts and be sure to “like” us on Facebook at Rockbridge Area Recreation Organization.

New & Other Programs may be offered on a seasonal basis.

Dates may change without notice.

Updated 4/2022

